

# Patient-Focused Interactive Treatment Tool:

## Key Information You Need to Know About Your HER2-Positive Early Breast Cancer Diagnosis

This patient-focused treatment tool ([www.clinicaloptions.com/Patient\\_HER2\\_EBC\\_Tool](http://www.clinicaloptions.com/Patient_HER2_EBC_Tool)) was developed in partnership by Clinical Care Options and GRACE for patients diagnosed with HER2-positive early breast cancer. The goal of this tool is to help you better understand your cancer diagnosis and treatment options for you to become partners with your oncology care team.

To most effectively use the tool, it is recommended that you have as much information about your cancer as possible before you begin. If you do not have this information yet, you can ask your oncologist to help you fill out this checklist with useful questions about your cancer diagnosis.

You can then enter the specific information about your cancer into the tool by answering a series of multiple choice questions. Once all of the information is entered, the tool will provide treatment choices from 5 breast cancer experts according to the answers you choose.

### What type of therapy are you and your oncologist considering?

- Neoadjuvant (systemic therapy given before surgery)
- Adjuvant (systemic therapy given after surgery)

### IF YOU ARE CONSIDERING NEOADJUVANT THERAPY

(systemic therapy given before surgery):

#### 1. What is your clinical tumor size?

- cT1a
- cT1b
- cT1c
- cT2 or larger

#### 2. Do you have clinically detectable cancer in your lymph nodes?

- Yes
- No

#### 3. Is your tumor positive for estrogen receptor or progesterone receptor?

- Yes
- No

#### 4. What is your menopausal status?

- Premenopausal (have not yet gone through menopause)
- Postmenopausal (in menopause or have already gone through menopause)

#### 5. Do you have cardiac dysfunction (heart problems)?

- Yes
- No

*Please continue the questionnaire on the next page.*



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## IF YOU ARE CONSIDERING ADJUVANT THERAPY

(systemic therapy given after surgery):

### 1. What neoadjuvant chemotherapy did you receive (before surgery)?

- None
- Anthracycline-based chemotherapy with trastuzumab (Herceptin®)
- Anthracycline-based chemotherapy with trastuzumab (Herceptin®) and pertuzumab (Perjeta®)
- Nonanthracycline-based chemotherapy with trastuzumab (Herceptin®)
- Nonanthracycline-based chemotherapy with trastuzumab (Herceptin®) and pertuzumab (Perjeta®)

### 2. If you did not receive neoadjuvant therapy, what is your pathologic stage?

- Stage I
- Stage II
- Stage III

### 3. If you did not receive neoadjuvant therapy, what is your pathologic nodal status (cancer present in lymph nodes)?

- No lymph nodes with tumors larger than 2 mm
- 1-3 lymph nodes with tumors larger than 2 mm
- More than 3 lymph nodes with tumors larger than 2 mm

### 4. If you did receive neoadjuvant therapy, what was your response to neoadjuvant therapy?

- Pathologic complete response or near complete response
- I have residual disease

### 5. If you have residual disease after neoadjuvant therapy, what type of residual disease do you have based on the pathology report?

- Breast only; ypT1a-c and ypN0
- Breast only; at least ypT2 and ypN0
- Breast and lymph node involvement; at least ypT1a and at least ypN1

### 6. Is your tumor positive for estrogen receptor or progesterone receptor?

- Yes
- No

### 7. What is your menopausal status?

- Premenopausal (have not yet gone through menopause)
- Postmenopausal (in menopause or have already gone through menopause)

### 8. Which of the following treatment-related side effects or comorbidities have you experienced?

- Diarrhea interfering with quality of life
- Rash/skin problems
- LVEF decline or low LVEF
- None

For additional tips, please also see the section on “**How to Talk to Your Oncologist**” in the online tool.

If you are a healthcare provider, you can find our clinician-focused tool here:

[https://www.clinicaloptions.com/HER2\\_EBC\\_Tool](https://www.clinicaloptions.com/HER2_EBC_Tool)



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